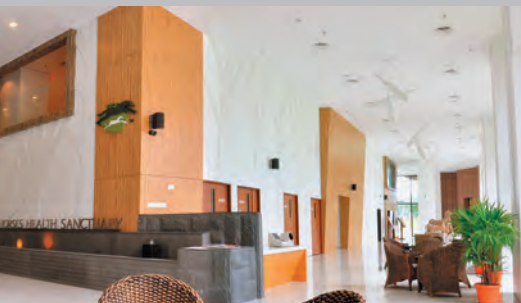


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Raising The Bar In Sports Medicine



Sports medicine is a specialised branch of medical practice focused on the treatment of sports-related injuries. It emerged as a distinct entity in modern healthcare in the late 20th century when the boundaries and benchmarks of modern sports were being pushed higher and wider. Athletes continue to push their bodies to greater limits and endure higher physical stresses, which leaves them vulnerable to injuries. Loss of performance and training time can adversely affect an athlete's career – or even end it.

Heeding this need, the Kuala Lumpur Sports Medicine Centre (KLSMC) was set up in 2005 as a one-stop centre for treatment of musculo-skeletal injuries. It provides an integrated service which includes consultation, physiotherapy and surgery. KLSMC's very modern facilities extend to medical imaging, surgical wards, a pharmacy, physiotherapy rooms and a hydrotherapy pool.

A HOLISTIC AND CUSTOMISED APPROACH TO SPORTS MEDICINE

Being in the vanguard of sports medicine in the country, KLSMC provides a truly holistic and customised approach towards treating every patient that walks through its door. This stems from the understanding that every patient is unique and no two patients' conditions are the same. With this vision, the centre takes pride in

the ability to customise its treatment regimes for individual patients. This enables patients to resume an active lifestyle in the most effective way possible.

Through the effective and efficient integration of its practices, the centre is able to speedily provide care for its patients. Waiting time for patients is significantly reduced with same-day MRI diagnosis by individual specialists from every sub-specialty area of the musculo-skeletal system.

CUTTING-EDGE TECHNOLOGY IN A CONTEMPORARY SETTING

KLSMC features some of the leading facilities and equipment available today in order to provide truly enhanced services to patients. With a keen understanding that effective treatment goes beyond the doctor-patient relationship and extends into every aspect of treatment, the centre invests in facilities to provide the best service possible to patients.

This includes an open MRI system which provides a less claustrophobic experience compared to traditional closed MRI machines. In many instances, especially in sports medicine, patients also often require their extremities scanned. This is made possible at KLSMC with the latest extremity MRI, which produces high-quality images with fast

Extremity MRI provides a comfortable experience for patients.



A hydrotherapy pool widens options for rehabilitation.

scan times in a comfortable sitting position.

KLSMC also offers specialised physiotherapy for surgical and non-surgical treatments. The physiotherapy team works closely with the orthopaedic surgeons to ensure each patient's rehabilitation programme is personalised to address individual needs. Through the use of the latest equipment available and specifically-tailored training regimes, the patients' condition can be improved significantly.

The centre's rooftop hydrotherapy pool offers an alternative environment for rehabilitation, which in many cases can be crucial to recovery. KLSMC also has an on-site gymnasium specifically designed with large windows offering scenic views and a high ceiling providing a comfortable, spacious environment for patients. Furnished with modern equipment coupled with experienced physiotherapists, KLSMC provides a fun and conducive ambiance for working out and recovery from injuries.

Two fully-equipped operating theatres are available at KLSMC to facilitate various complex orthopaedic procedures including joint replacements and arthroscopic surgery. The inpatient and daycare experience at the centre is also enhanced with rooms that are spacious, modern and comfortable.

WIDE RANGE OF SPECIALITIES

KLSMC offers a comprehensive range of services for patient care. The team of consultant orthopaedic surgeons who are also the founders of KLSMC have the depth and width of experience in treating patients with complex problems. Areas of specialisation include knee, shoulder, hand and microsurgery, foot and ankle, hip and spine. The high-quality treatment offered in KLSMC is not only due to the doctors' ability to diagnose the right condition for treatment, but also the level of care that is provided thereafter. This is enhanced by having an in-house family clinic that offers a wide range of primary care for children and adults. In KLSMC,

